

3-12.4 COMPREHENSIVE SCHOOL HEALTH PROGRAM

- A. Purpose: This section sets forth the IHS policy, objectives, procedures, and responsibilities governing the delivery of school health education services. Health Education programs, in consultation with the Tribe, will develop comprehensive school health education programs for children from preschool and Head Start programs through grade 12 in State public, private, and Bureau of Indian Affairs schools located on or near Indian reservations and Tribal lands.
- B. Policy: Health Educators will work in partnership with preschool and Head Start programs through grade 12, in order that these systems might develop and implement Comprehensive School Health Programs Standards which shall include:
1. Students will comprehend concepts related to health promotion and disease prevention.
  2. Students will demonstrate the ability to access valid health information and health promoting products and services.
  3. Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.
  4. Students will analyze the influence of culture, media, technology and other factors on health.
  5. Students will demonstrate the ability to use interpersonal communication skills to enhance health.
  6. Students will demonstrate the ability to use goal setting and decision making skills, which enhance health.
  7. Students will demonstrate the ability to advocate for personal, family and community health.

C. Objectives

- (1) To develop Indian-specific Comprehensive School Health Programs that incorporates the following health education curricula:
  - a. Community Health
  - b. Consumer Health
  - c. Environmental Health
  - d. Family Life
  - e. Mental and Emotional Health
  - f. Injury Prevention & Safety
  - g. Nutrition
  - h. Personal Health
  - i. Prevention & Control of Disease

(3-12.4C Continued)

- j. Substance Use and Abuse
- (2) To train teachers in the 8 components of comprehensive school health:
  - a. School Health Education
  - b. School Food/Nutrition Services
  - c. Family/School/Community Partnerships
  - d. School Environment
  - e. Physical Education
  - f. School Health Services
  - g. Guidance and Counseling
  - h. Work site/Staff Wellness

HEALTH EDUCATION

---

- (3) To integrate school-based, community-based, and other public and private health promotion efforts;
- (4) To encourage healthy, drug, violence, and tobacco-free school environments;
- (5) Coordinate school-based health programs with existing services and programs available in the community.